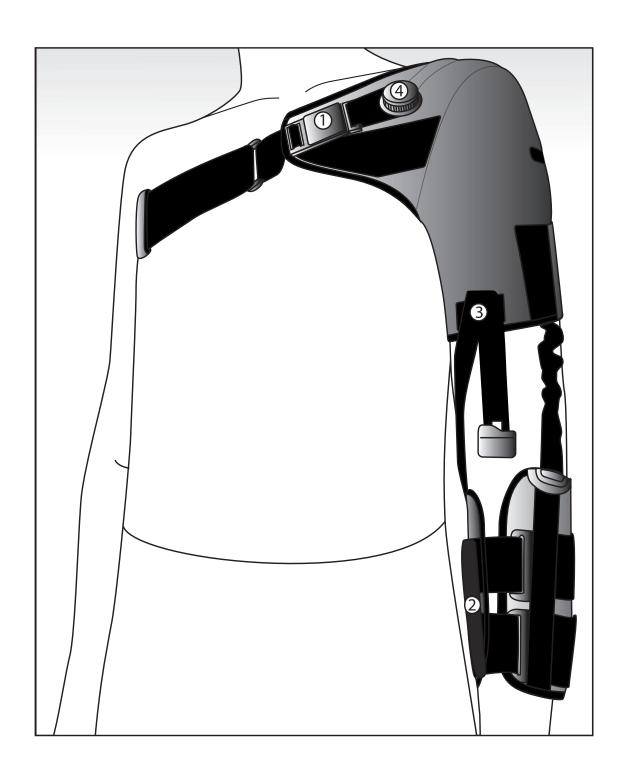


# Instructions for Use

## CROSS™ Hemi Shoulder



## CROSS™ Hemi Shoulder

#### **Product description**

A textile shoulder orthosis used when the humeral head is in a malposition, leading to subluxation and discomfort. This orthosis elevates and corrects the shoulder's position, thereby addressing the underlying cause of pain.

#### Intended use

The orthosis is intended to reduce pain, enhance posture, and optimize the glenohumeral positioning of a subluxated shoulder. In cases where the humeral head is malaligned, leading to subluxation, this orthosis realigns the shoulder position, addressing the cause of discomfort. Pain reduction is essential for initiating tailored rehabilitation promptly. Single Patient-multiple use.

#### Indications

Shoulder subluxation, shoulder pain and dysfunction after diagnosis such as:

- Stroke
- Paretic shoulder/arm due to hemiplegia
- Brachial plexus injuries

#### Contraindications

Traumatic shoulder dislocation

#### Limitations

Fitting and modifications of this product may only be performed by healthcare professionals.

#### Warnings

Ensure the skin is dry before use. Ensure that the orthosis is not overtightened, as this can cause decreased circulation or skin irritation. Special attention should be given to the unaffected arm. If the brace is applied too tight under the axilla of the unaffected side, swelling may be experienced at the fingers and arm. If swelling is noted, remove the brace and exercise the unaffected arm. Check the skin daily. Remove the orthosis immediately if there is evidence of colour change to the skin, or if you experience stinging sensations or chafes. Contact the prescribing clinician if marks and chafing occur that do not reduce within a short time (30 min.). Make sure that the instructions are handed to the user.

#### Material specifications

The orthosis is made of Polyester, Nylon, Lycra, and Polyurethane. The product does not contain Latex. The product is not flame retardant treated.

#### Washing Instruction

Close all Velcro before wash. Wash separately. Use a laundry bag. Machine wash  $40^{\circ}$ C, gentle cycle. Do not dry clean, bleach or iron.

#### Information

Any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established.

#### Disposal

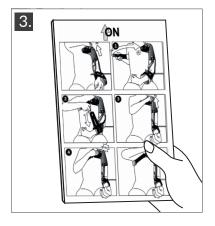
Disposal in accordance with local legislation.

### **Basic Setting**

1. Adjust around the upper arm.

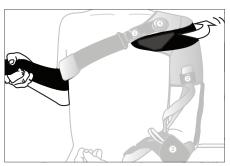


- 2. Adjust around the chest, position the double sided velcro, and trim the lenght of the strap.
- 2.
- 3. Use the visual instruction for don/doff and adjustments.

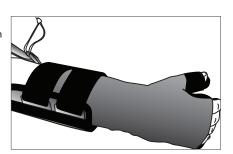


## **Combinations**

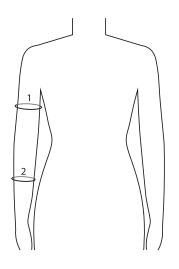
CROSS™ Hemi Shoulder can be used in combination with the extra strap CROSS™ Hemi Shoulder, strap, 28718, for extra support and positioning of shoulder.



CROSS<sup>™</sup> Hemi Shoulder can be used in combination with SOT resting splint, 28710.



Item Nr.	Size	Left/Right	Upper arm circumference (1)	Forearm circumference (2)
207171010	X-Small	Left	24 - 28 cm	21 - 24 cm
207171011	Small	Left	27 - 31 cm	23 - 26 cm
207171012	Medium	Left	30 - 35 cm	25 - 29 cm
207171013	Large	Left	34 - 39 cm	28 - 32 cm
207171014	X-Large	Left	38 - 43 cm	31 - 35 cm
207172010	X-Small	Right	24 - 28 cm	21 - 24 cm
207172011	Small	Right	27 - 31 cm	23 - 26 cm
207172012	Medium	Right	30 - 35 cm	25 - 29 cm
207172013	Large	Right	34 - 39 cm	28 - 32 cm
207172014	X-Large	Right	38 - 43 cm	31 - 35 cm













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