



User Manual

KA367 Walker Range

STRONG AND LIGHTWEIGHT

Users MUST read and follow the user manual to ensure all instructions are followed and not compromised. It is recommended that this user manual be kept in an easily accessible place for quick reference.

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KA367 Walker Range

KA367EC	KA367BW	KA367S
KA367M/MR	KA367L	

Product Specifications

Description/ Features

- Adjustable to suit all users of various size
- Soft Touch locking brakes
- Bag and basket are standard
- Extra wide polyurethane seat
- Ultimate safety and strength to support the user
- Ergonomic design to facilitate spacious support for the user
- Lightweight aluminium frame
- Easily foldable frame

Intended Use

A wheeled frame with built-in handgrips and legs, which provide support whilst walking. It can be of fixed or adjustable height and collapsible or non-collapsible.

Product Code	KA367EC	KA367BW	KA367S	KA367M/MR	KA367L
Description	Budget Seat Walker	Bowls Seat Walker	Seat Walker Small	Seat Walker Medium	Seat Walker Large
Product Net Weight	7.5kg	6kg	7.9kg	8kg	8.2kg
Overall Length	690mm	690mm	690mm	690mm	690mm
Overall Width	580mm	620mm	620mm	620mm	620mm
Min Handle Height	780mm	780mm	790mm	830mm	910mm
Max Handle Height	920mm	920mm	910mm	950mm	1020mm
Seat Width	300mm	420mm	420mm	420mm	420mm
Seat Depth	300mm	350mm	350mm	350mm	350mm
Floor to Seat Height	530mm	520mm	510mm	550mm	600mm
Castor Diameter	200mm	200mm	200mm	200mm	200mm
Bag Load Capacity	5kg	5kg	5kg	5kg	5kg
Max User Weight	136kg	200kg	200kg	200kg	200kg

List of Components



Safety Precautions

Safe Use Environment

- This walker has been designed for indoor and outdoor use.
- The walker is not intended for use in muddy or wet and slippery areas such as pools or in showers.

Safety Warnings

- DO NOT exceed weight capacity.
- DO NOT propel while seat is occupied.
- DO NOT use walker as a wheelchair for transportation.
- DO NOT use walker as a cart to move a heavy load.
- DO NOT stand on the seat.
- DO NOT sit on walker on an uneven surface.
- DO NOT use walker on stairs, escalators or moving sidewalks.
- DO NOT sit on walker whilst using public transport, like buses or trains.
- DO NOT use the walker to replace chairs such as dining room or lounge chairs. The seat has been designed as a temporary seating solution only.
- While seated, DO NOT lean forwards, backwards or sideways to reach items. This may change weight distribution and cause walker to tip.
- DO NOT push back on backrest with your whole-body weight while seated; it is not intended to support the weight of an entire user. Backrest must be always attached when walker is in use.
- DO NOT push down on backrest or use backrest to support standing or getting up. The backrest is not designed to bear downward load.
- DO NOT hang bags from the handles or any other part of walker not intended for holding bags.
- DO NOT store while the parking brake is engaged. This may damage the tires over extended periods of time.

- Ensure walker's folding cross bar is fully open before use.
- Always engage both parking brakes before sitting.
- Always engage both parking brakes when using the walker to assist standing.
- Always engage both brakes at the same time.
- Always apply equal pressure to both handles while using walker.
- Surface temperatures can increase when exposed to external sources of heat.

Warning: Failure to follow these instructions can lead to serious injury or result in death.
Misuse of the walker may void warranty.

Setup Instructions

Step 1. Unpack

1. Carefully remove the walker and the accessories from the plastic bag and remove all protective pieces.
2. Remove basket and the backrest attached to the walker for use later.



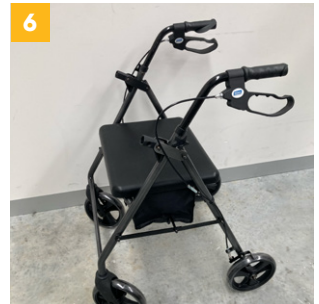
Step 2. Unfold the walker



1. Stand the walker up and allow it to rest on all four wheels.
2. Push down on the bottom of the bag until the folding cross bar is fully engaged.
3. Close the seat pad.

Step 3. Install handles

1. Insert handles on one side. Adjust handle to your desired user height (refer to "How to Determine Correct Handle Height" in the Operation Instructions).
2. Insert the height adjustment screw into the receiving hole on the inside of the tube. Ensure the head of the bolt fits fully into the recess provided.
3. Place washer on the other side.
4. Use hand knob to secure.
5. Do the same to the other side.
6. Ensure both handles are set to the same height.



Step 4. Attach backrest

This model is equipped with a flip up back design. The backrest never needs to be removed.

1. Push both brake levers down to engage parking brake.
2. Insert the backrest into the black plastic swivel holders. Press the brass pins and push inwards until the pins fully engage into the holder.
3. Test the backrest by pulling on it to make sure that the pins are fully engaged.



Step 5. Attach basket

Open the seat and place the basket on the cross bar that supports the seat.



Operating Instructions

How to Open the Walker

1. Hold both handles and squeeze the hand brakes.
2. Hold the walker upright and rest it on the rear wheels.
3. Push down on both handles until all four wheels are touching the ground.
4. Push down on the bottom of the bag until the folding cross bar is fully engaged.
5. Close the seat pad.

Note: Refer image in Setup Instruction step 2. Ensure the walker folding cross bar is fully open before use.

How to Fold the Walker

1. Lift the padded seat and remove the basket.
2. Grab the handle located at the bottom of the bag and pull upward until the walker is fully collapsed.





How to Determine Correct Handle Height

Stand inside the rollator with relaxed arms and have the top of the rollator handles in line with the crease of your wrist – this will be the correct height. Your elbows should be slightly bent. Refer to image.

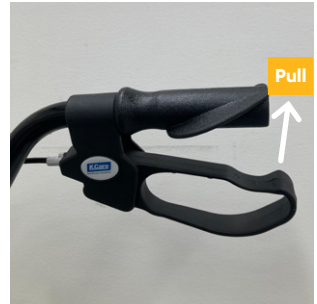
How to Walk With the Walker

1. Roll your walker slowly forward so that the rear wheels are a few inches ahead of your body.
2. Step forward and place one foot in line with the rear wheels.
3. Maintaining a steady roll forward, place your other foot in line with the rear wheels.
4. Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.



How to Use Handbrake

1. To engage the running brakes, pull both brake levers upwards until sufficient braking force is achieved. The brake levers will return to neutral position once hand is released. Always apply equal force to both brakes simultaneously.



2. To engage the parking brakes, push downwards on brake lever until a "click" is heard. The lever will lock into a downward position. The click indicates brake lever is properly engaged.



3. To disengage parking brakes, pull up on brake lever until brake lever "pops" back into a neutral position.

How to Sit with a Walker

1. Lock the brakes by pushing down on the brake lever until it locks in the downward position.
2. Test the walker before sitting down to ensure that the brakes are engaged, and the walker will not roll.
3. Hold onto both handgrips, not the brake handles. Use the handles to stabilize your body as you turn around.
4. Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning.
5. Slowly lower your body onto the seat while maintaining constant grip of the handles.

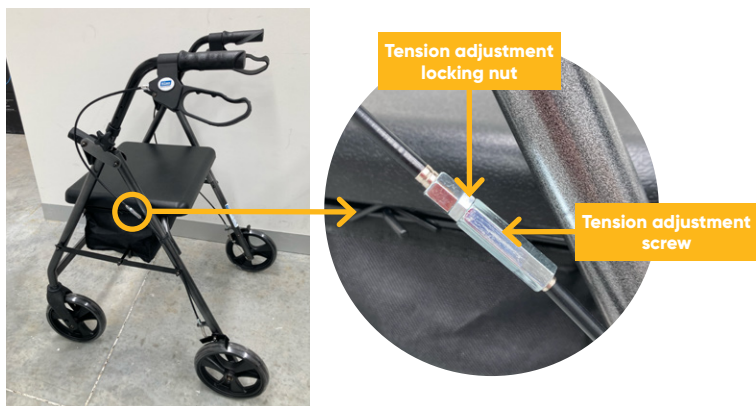
Warning: To prevent tipping over when sitting

1. Distribute weight evenly on the seat.
2. DO NOT lean on one side of the walker.
3. Both feet should rest flat on the ground.

How to Adjust the Walker Hand Brakes

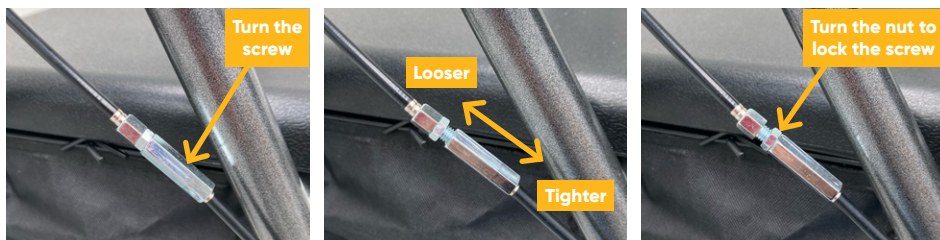
The braking system on your new walker has been pre-set from the factory. If you are still having difficulty with your brakes, you can adjust them by doing the following:

The adjustment mechanism is located in the middle of the brake cable.



1. Hand Brake is too loose.

Loosen the tension adjustment screw away from the nut until desired brake tension reached. Turn the locking nut tight against the screw to prevent screw from loosening.



2. Hand Brake is too tight.

Loosen the tension adjustment locking nut first and turn the tension adjustment screw until desired brake tension reached. Turn the locking nut tight against the screw to prevent screw from loosening.

Maintenance Instructions

Routine Inspections

- Check the brakes are working correctly before each use.
- Ensure castors or any other moving objects are in good working order before operating.
- Periodically check screws and fasteners are properly tightened.
- Periodically check push pins on backrest to make sure they are engaged.
- Periodically check the plastic swivel holders of backrest for cracks or damages.

Cleaning

- All surfaces may be cleaned with a damp cloth and mild soap.
- Handle grips, brake levers and seat surface may be disinfected with commercial disinfectants or wipes.
- DO NOT use harsh chemicals on any of the walker's surfaces.
- DO NOT use high pressure cleaner for cleaning.


Storage and transportation

- The product must be dry before storage.
- Keep the product in dry environment during storage or transportation.
- The product must be packaged for transportation to avoid damage.
- Remove all accessories before long term storage or transport.

Servicing and repairs

If you find that your product needs servicing or repair, please contact your dealer for further instructions.

K Care recommends a 6-month preventative maintenance service. Please contact your local dealer to arrange a service programme. Always provide the information from the Product Label to your dealer when requesting service or repairs.

Product Code		
Name/Description		
<div>BARCODE</div>		KCare Healthcare Solutions 12 Dream Haven Court Epping, VIC, 3076 KCare.com.au
Barcode Number		
Serial No: xxxxxxx	Max. Width: xxx mm	
Manufactured: MM/YYYY	Designed for Indoor and Outdoor Use	

Disposal Instruction

Please dispose of this walker thoughtfully according to local government regulations.

Spare Parts

- Handle assembly
- Backrest
- Padded seat
- Storage bag and basket
- Castors
- Brake cable

Tested Against Standards

- Products have been tested to ISO 11199-2:2005 Walking aids manipulated by both arms – Requirements and test methods Part 2: Rollators.