



**ALLIED  
MEDICAL**  
LIMITED

# USER MANUAL

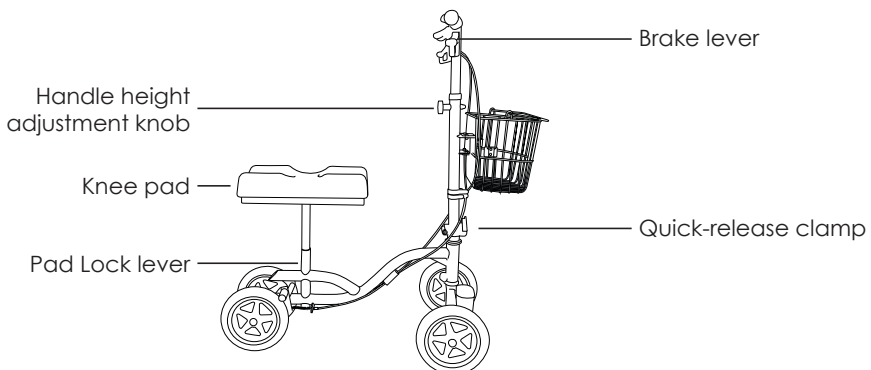
## Knee Walker



# 1. WARNING

DO NOT ATTEMPT TO ADJUST OR OPERATE KNEE WALKER WITHOUT READING ALL INSTRUCTIONS CAREFULLY.

- Before using the knee walker, you should be trained by a health professional or dealer.
- Engage the lock and practice bending, reaching and transfers on and off the knee walker. DO NOT use the knee walker by yourself until you have been properly trained, you have practiced with someone and you feel confident you can maneuver by yourself.
- Failure to properly engage the quick-release clamp may cause the steering column to move while the knee walker is in use and may cause you to lose control. With the quick release clamp properly adjusted, the handle bars will be locked in place.
- Be sure to check that the quick-release clamp is secure and tight before each use or injury may result.
- Injury may result if knee platform setup instructions are not followed.
- Do not adjust the screw next to the parking brake button.
- Because the knee walker is lightweight, use of the hand brake while in motion may cause an abrupt stop.
- Do not use the knee walker on or near stairs or while using mind-altering drugs or alcohol or while suffering from dizziness.
- Do not use the knee walker to pull yourself up from a seated position. The knee walker is intended for use with a person in place on the walker.
- Use caution when moving from carpeted to hard surface floors and on any rough surfaces or when changing levels (for example, moving from a curb to the street and back onto the sidewalk).
- Check the knee walker frequently for any loose cotter pins, clevis pins or loose nuts or bolts and the quick-release clamp on the tube. Check the fasteners on the tiller, wheels, brakes, and pad tightness before use. Do not use the Knee walker if any pins are missing.

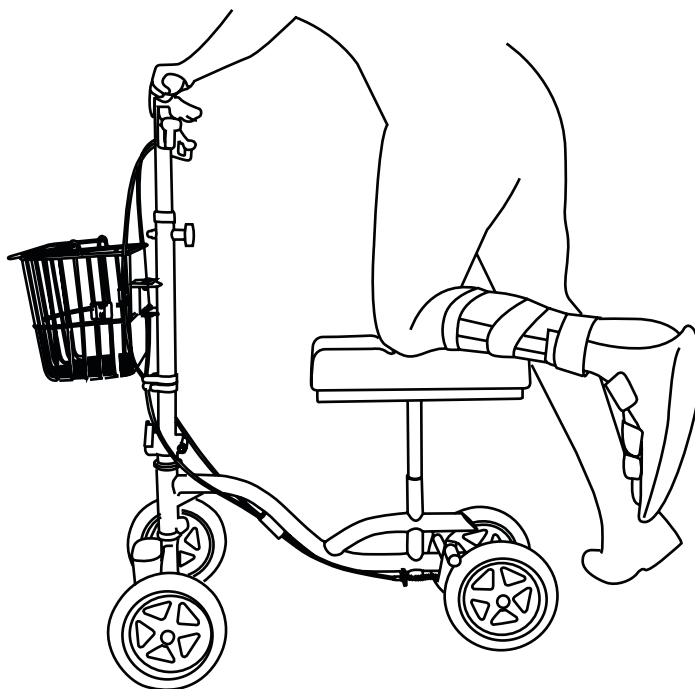


## 2. OPERATION/MOVEMENT

The device is designed for easy steering and stopping. Brakes are also featured on this device for controlled movement and safety.

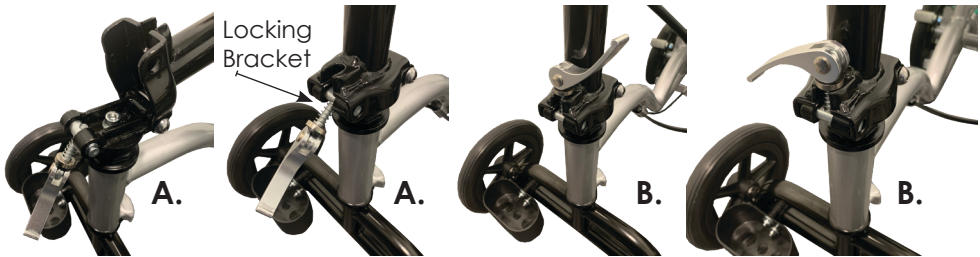
The knee walker is a mobility device that provides strength and comfort to anyone who may have injury below the knee. It allows an even distribution of body weight by supporting half of the weight on the device and the other half on the non-injured leg. The device has a cushioned platform to support both the injured leg and ankle to make certain that no weight will be placed on the lower leg.

- Place your hands on the handlebars
- Place the knee of your injured foot on the front pad so that the top of your boot or cast is directly over the space between the pads. Your lower leg is then resting on the rear pad.
- Release the parking brake and propel yourself forward or backward with your pushing foot, keeping the knee of your injured foot centered on the front pad.
- Move slowly so that you can stop safely using your pushing foot.
- The hand brake may be used if needed but is primarily designed to maintain a stopped stance.



### 3. ASSEMBLY INSTRUCTIONS

#### 1. Steering column setup:



*A. Push the lever to the left to disengage the pin and pull the steering column until it is in the full upright position. Now, release the handle to engage the safety pin (the steering column will stand in the upright position if the safety pin is engaged).*

*B. Place Locking bracket into vertical position and pull the lever down to lock the steering column in the upright position (rotate the lever counter clockwise to loosen and clockwise to tighten the pressure on the lever).*



2. To adjust the handle height, loosen the handle height adjustment knob by turning it counter clockwise until it can be removed. Adjust the handle grip to the desired height and reinsert the adjustment screw into the hole, turn it clockwise until it is tightened.



3. Insert pad post into receptacle on frame. Secure pad in place by inserting locking pin into hole. Lock pin in place by sliding retainer tab into position. Lock pad in position using locking lever.

4. Attach basket by sliding basket receptacles down over hooks on the front of the tiller.

## 4. OPERATING INSTRUCTIONS

**STEERING COLUMN SETUP** - The steering column will be in a folded position when unpacking it from the shipping carton. This feature also makes transporting the knee walker quick and convenient during everyday use.

**TO RAISE THE STEERING COLUMN** - Follow step 1 in Assembly instructions on the previous page.

**TO LOWER THE STEERING COLUMN** - Pull the lever up to release the clamp from the steering column and push the lever forward to disengage. Push the lever to the left and downward at the same time to disengage the pin and gently guide the steering column Downward.

**HANDLE BAR HEIGHT ADJUSTMENT** - Follow step 2 in the Assemble instructions on the previous page.

**KNEE PLATFORM SET-UP** - The knee platform can be used for right or left leg injuries. The offset position of the seat provides better stability and increased foot clearance for pushing forward.

When standing behind the walker, the knee platform should be offset to the left for right leg injuries or offset to the right for left leg injuries. Wearing non-slip shoes on your non-injured foot, check the position of the knee scooter. To adjust the platform for a right or left foot, remove the platform pin, lift the platform from its frame, turn it around to the correct side, replace the platform in the frame and reinsert pin. The edge of the platform should be aligned with the edge of the frame on the non-injured side. When standing behind the knee walker, the platform should be off-center to the left for a right foot injury and off-center to right for a left foot injury. If you have a previously unused model, both pads should align themselves to the end of the platform .

**USING THE HAND BRAKE-** The brake is engaged by depressing the brake lever on the handle bar. The braking wheel must be in contact with the floor, and the brake works best with weight on the knee walker.

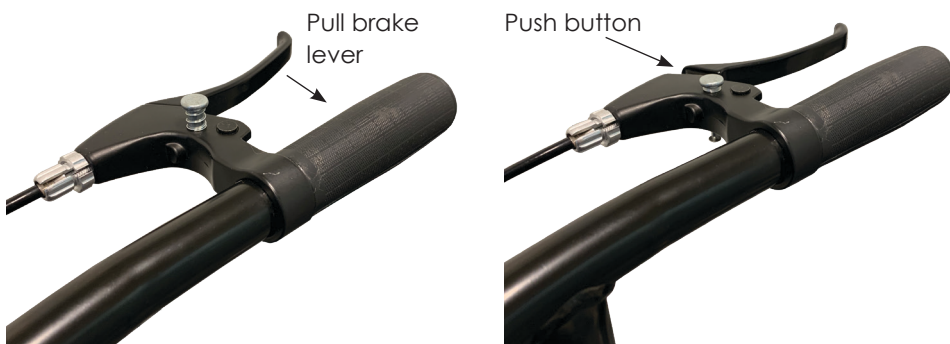
Do not use the knee walker if the brake system is not working properly.

To use the brake, simply pull the lever with your finger tips towards the handle bar.



### STANDARD KNEE WALKER

To lock the brake , pull the brake lever down, away from the handlebar. To release brake, simply pull lever towards the handle bar.



### HEAVY DUTY KNEE WALKER

To lock the brake , pull the brake lever towards the handlebar and push in the button.

To release brake, pull lever towards the handle bar.

## 5. ADDITIONAL CAUTIONS

- Do not operate on loose gravel or uneven surfaces.
- Do not travel over large cracks or fissures.
- Stop and move forward slowly when encountering cracks or separations in walkway surfaces.
- Do not operate in excess of 3 miles per hour (slow-to moderate walking speed).
- Do not turn unless one foot is on the ground.
- Never make a sharp turn at high speed.
- Do not turn at speeds over 1 mph (very slow walking speed).
- Do not operate on inclines above 15 degrees (slight incline).
- Do not travel over drops or barriers such as curbs or parking stops.
- This is a medical device, not a toy. Do not allow children or adults to use this as a toy or for entertainment.
- Always check the fasteners on the tiller, wheels, brakes, and seat for tightness before use.

