



35200, 35201
SELECTION
SOFT

35202, 35203
SELECTION
RIGID

SELECTION

Carefully read this instruction sheet before use!

Indications / Intended Use

Selection Thumb Soft

Is intended for mild arthritis in the first CMC-joint and protects the CMC-joints and the first MCP-joint.

Selection Thumb Rigid

Is intended for mild to moderate arthritis in the first CMC-joint and protects the CMC-joints and the first MCP-joint.

Rheumatic arthritis, after trauma, in case of hyper mobile thumb and wrist, after arthroplasty surgery, and for repetitive strain injuries.

Contraindications

No known

Adjustments

This product should only be altered by a medical professional person.

Warnings

Make sure that the straps are not too tight. If any sign of skin irritation occurs, immediately remove the support. Check your skin on a daily basis.

Material Specifications

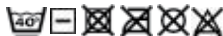
This orthosis is made from polyester, nylon and elastan. This product is not flame retardant

Washing Instruction

Close all Velcro prior to laundering. Machine wash in 40°C (104°F), gentle cycle. Use a washing bag. Dry flat. Do not tumble dry or dry clean.

Who to Contact

If any problems occur, remove the support and contact your fitter or store where purchased.



Instructions for use

1. Check that the support is complete and without damage.
2. Attach the thumb strap and place the opening over the thumb with the orthosis towards the back of the hand.
3. Pull the strap around the wrist and secure.
 - 4a. Thumb orthosis Soft. Adjust the strap around the thumb so it feels comfortable.
 - 4b. Thumb orthosis Rigid. Adjust the strap around the thumb so it follows the line indicated on the surface.
5. Adjust for comfort.

Item No. SOFT/Black	Item No. SOFT/Beige	Side	Size	Wrist circumference
35200 1010	35201 1010	Left	X-Small	< 13 cm
35200 1011	35201 1011	Left	Small	13 - 15 cm
35200 1012	35201 1012	Left	Medium	15 - 17 cm
35200 1013	35201 1013	Left	Large	17 - 20 cm
35200 1014	35201 1014	Left	X- Large	> 20 cm
35200 2010	35201 2010	Right	X-Small	< 13 cm
35200 2011	35201 2011	Right	Small	13 - 15 cm
35200 2012	35201 2012	Right	Medium	15 - 17 cm
35200 2013	35201 2013	Right	Large	17 - 20 cm
35200 2014	35201 2014	Right	X-Large	> 20 cm



Item No. RIGID/Black	Item No. RIGID/Beige	Side	Size	Wrist circumference
35202 1010	35203 1010	Left	X-Small	< 13 cm
35202 1011	35203 1011	Left	Small	13 - 15 cm
35202 1012	35203 1012	Left	Medium	15 - 17 cm
35202 1013	35203 1013	Left	Large	17 - 20 cm
35202 1014	35203 1014	Left	X-Large	> 20 cm
35202 2010	35203 2010	Right	X-Small	< 13 cm
35202 2011	35203 2011	Right	Small	13 - 15 cm
35202 2012	35203 2012	Right	Medium	15 - 17 cm
35202 2013	35203 2013	Right	Large	17 - 20 cm
35202 2014	35203 2014	Right	X-Large	> 20 cm

