

S20768

Heavy Duty Folding 4 Wheel Rollator

### ⚠️ General Safety Warning ⚠️

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

### Maximum User Weight



## 1. INTENDED USE

To provide support and assistance to those unable to, or who lack the confidence to, walk without some level of support. The Rollator, which is intended for indoor or outdoor use, also provides a seat to enable the user to rest whilst walking.



## 2. SAFETY

**LOCK** the rollator in the open position before use.

**ONLY** Use as a walking aid in the forward direction.

**ONLY** Transport loads using the basket (maximum load 5 kg).

### DO NOT:

- Exceed the maximum user weight 35.5 st (227 kg).
- Use the rollator on stairs or escalators. Take care on steep hills.
- Hang items from the handles as this may affect the stability of the rollator.
- Move or adjust the rollator when the seat is occupied.
- Sit on the seat when the rollator is on an incline or without locking the brakes first.
- Use the seat without the backrest in place.
- Use the seat to transport people or objects.

## 3. UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.



### 3.1 Contents:

1. Rollator main frame x 1
2. Handles x 2
3. Basket x 1
4. Hand-wheels x 2
5. Backrest x 1

## 4. ASSEMBLY

### 4.1 Unfolding the Rollator:



Pull the frame outward, then lock the frame in place by pushing the crossbar down until it locks in place.

### 4.2 Attaching the Handles

1. Insert the handles and line up the holes.

**Note:** The handle height must be set up correctly for the user height. Refer to Section 4.3.



2. Insert 1 x bolt, making sure the bolt head slots into the hexagonal recess.

**Note:** The hand-wheel must always be on the outside of the rollator frame.

3. Attach the saddle-washer and hand-wheel, then tighten fully by turning clock-wise.



4. Repeat for the opposite side.

**Note:** Make sure both handles have been set to the same height.

### 4.3 Handle Height Adjustment

Adjust the rollator handle height so that when the user's arm is down to their side, the hand-grip is at wrist height. This will ensure the arms are at an approximate 20°-30° bend when using the Rollator.



5. Undo and remove the hand-wheel by turning anticlockwise.

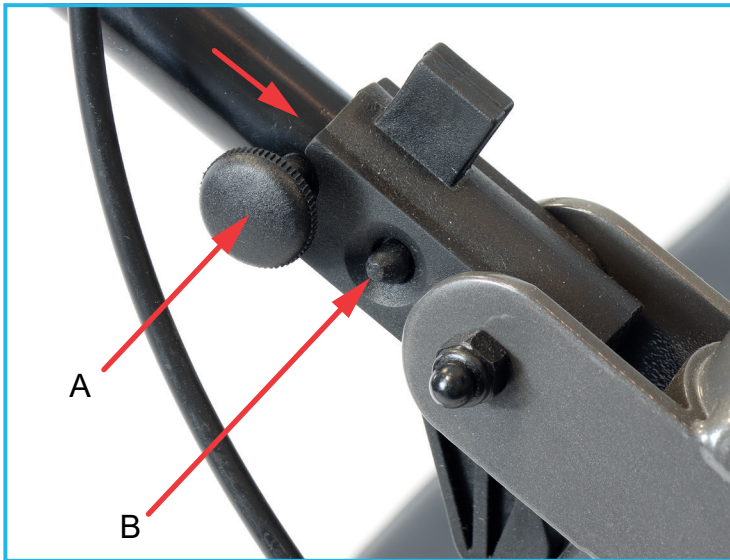
6. Remove the saddle-washer, then remove the bolt.

7. Adjust the handle height to the required position, then secure using the bolt, saddle washer and hand-wheel. Refer to Section 4.2.

8. Repeat for the opposite handle.

**Note:** Make sure both handles have been set to the same height.

#### 4.4 Attach the backrest:



1. Press and hold the black button (A) on the backrest housing.
2. Slide the backrest tube into the housing slot.
3. Release the button to secure.

**Note:** Make sure that the locking button (B) has fully clicked into place on both sides and that the backrest is fully secure before use.

#### 4.5 Attach the basket:



Lower the basket into place making sure all 4 brackets sit on the two crossbars.

### 5. USING THE ROLLATOR

#### 5.1 Brake Operation

##### 5.1.1 Apply the Brakes



To slow down or stop the rollator, pull both brake handles up.

##### 5.1.2 Lock the Brakes



To apply the parking brake, push the brake handles down until they lock into place.

**Note:** Make sure both brake handles have been applied.

Pull both handles up to release the parking brakes.

**Warning:** If the brakes fail to stop or lock the wheels, stop using the rollator immediately. Do not use the rollator again until the brakes have been checked and correctly adjusted. Refer to Section 5.2.

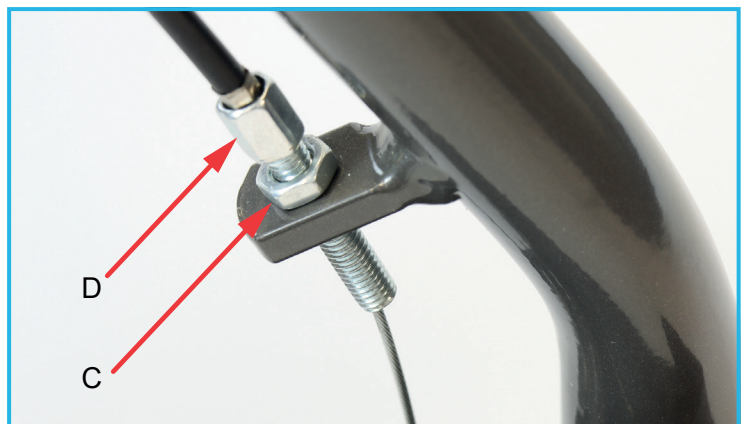
#### 5.2 Brake Adjustment

**Warning:** The following section requires some technical ability, do not attempt to carry out the adjustment unless you are confident to do so. Incorrectly adjusted brakes can lead to injury, please contact your supplier if you require assistance.

#### 5.3 Tighten the Brakes

**Note:** The brakes can be adjusted at the brake end or the handle end of the cable.

##### 5.3.1 Tighten the Brakes at the Wheel End

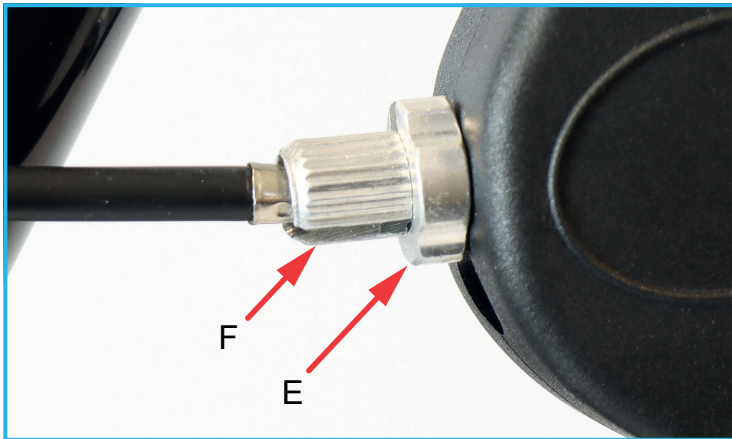


1. Loosen the locknut (C), turn the adjuster (D) anticlockwise, then re tighten the locknut.

**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

2. Test the brakes in accordance with Section 5.1.

### 5.3.2 Tighten the Brakes at the Handle End



1. Loosen the locknut (E), turn the adjuster (F) anticlockwise, then re tighten the locknut.

**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

2. Test the brakes in accordance with Section 5.1.

### 5.4 Folding the Rollator

**Note:** You must remove the basket before you fold the rollator.



Lift the seat, then pull the handle strap upwards to unlock the frame, then push the frame together to fold the rollator.

## 6. MAINTENANCE

- Check both hand-wheels are secure.
- Check all wheels can rotate freely.
- Regularly check for wear and damage. Any suspected faults or damage should be reported immediately to your supplier and the product taken out of use.
- Check brakes regularly in accordance with Section 5.1 before use.

## 7. ACCESSORIES & SPARE PARTS

**S49722:** Heavy Duty Rollator Basket Spare

**S49734:** Heavy Duty Rollator Hand Wheels and Fixings Spare

## 8. CLEANING

Make sure that all dirt and debris is removed from around the wheels, axle and brakes.

To clean the bag wipe with a damp cloth. Do not machine wash.

Clean the frame regularly, using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.

Always allow the product to dry thoroughly prior to use or storage.

## 9. PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

## 10. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.