

## The Ribcap Kate Helmet: Ensuring Safe Sleep

### Kate Helmet

The sleeping helmet is a protective gear that is specifically designed to cater to the needs of individuals who are at high risk of head injury due to various medical conditions such as epilepsy, **sleepwalking**, or **other neurological disorders**.

### Purpose for Sleep

According to the World Health Organization (WHO), falls are the second leading cause of accidental or unintentional injury deaths worldwide.

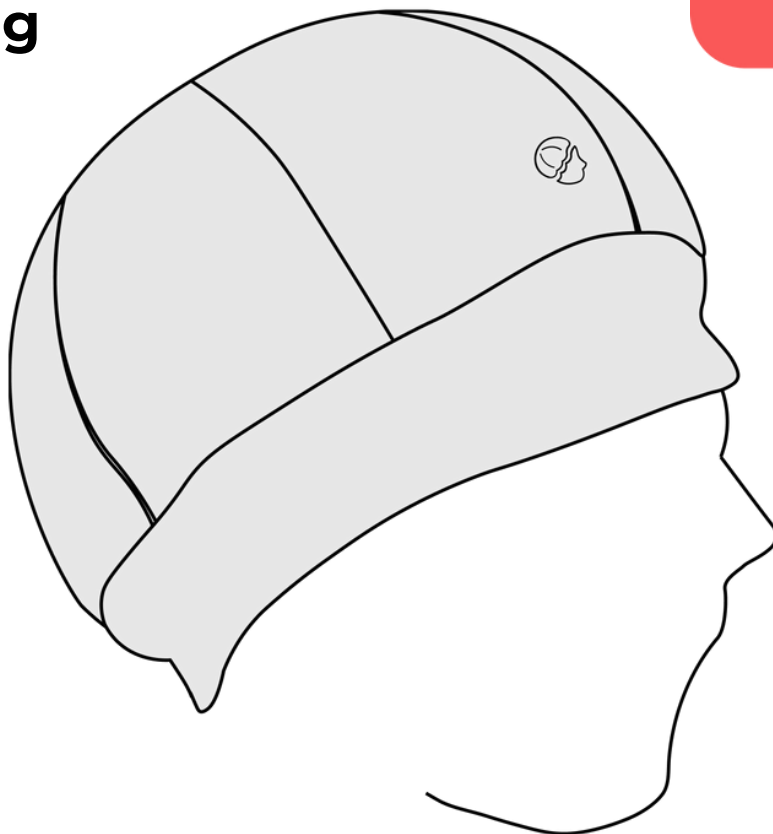
**8 MILLION**  
emergency room visits

The Centers for Disease Control and Prevention (CDC) estimates that falls account for more than 8 million emergency room visits in the United States each year.



### Importance of protecting your head during sleep

The sleeping helmet is an effective way to prevent head injuries in these individuals. **It provides a cushioning effect that absorbs the impact of any falls or bumps, thereby reducing the risk of injury.** Sleepwalking may accidentally bump into objects or fall down stairs, resulting in head injuries.



### POTENTIAL RISKS

- Hitting the head on hard surfaces
- Falling out of bed
- Rolling over and hitting objects

## SLEEPY HAT KATE

### Specific Situations where Ribcap Helmet can be Beneficial



People recovering from head injuries or surgeries



Elderly individuals at risk of falls



Individuals with neurological conditions or disorders



Individuals prone to sleepwalking



Soft & Protective Materials



Lightweight & Comfortable Design



Breathable & Hypoallergenic Properties



Easy to Clean and Maintain

### Unique Features and Benefits of the Ribcap Helmet

The typical users of the sleeping helmet are those who have been diagnosed with a medical condition that puts them at high risk of head injury. For instance, individuals with epilepsy are prone to seizures, which can cause them to fall and hit their heads.

### Research and Studies Supporting the Use of Ribcap Helmet During Sleep

**3.6%**  
approximately

Sleepwalking, also known as somnambulism, affects approximately 3.6% of the general population, according to a study published in the journal Sleep.

**Aged 65 and above**

Among older adults aged 65 and above, falls are the leading cause of injury-related hospitalizations, fractures, and traumatic brain injuries, as reported by the National Council on Aging.

**1/4**  
older adults

In the United States, the CDC states that one out of four older adults falls each year, resulting in 3 million emergency department visits.

### Testimonials

#### HARDY H.

Verified Buyer

"Light-weighted, great fit, doesn't draw attention as it doesn't even look like a medical helmet but a pretty cap."



#### TERESA A.

Verified Buyer

"We like this Ribcap because the design is more stylish than other safety equipment we have seen."



#### ALVIN K.

Verified Buyer

"This is great for people that have seizures and are at risk for head injuries during a seizure. Wonderful design!"



### The Sleeping Helmet: Safety and Comfort Combined

Helmet Comfort

Balancing Safety With Overall Sleep Quality

Acceptance of Helmet Use

The sleeping helmet is an effective way to prevent head injuries in these individuals. It provides a cushioning effect that absorbs the impact of any falls or bumps, thereby reducing the risk of injury. Additionally, the helmet is designed to be breathable, allowing air to circulate freely around the head, which helps to regulate body temperature and prevent overheating. The sleeping helmet is an innovative solution that provides a safe and secure environment for these individuals to sleep in.

It is made up of high-quality materials that are durable and comfortable to wear. The helmet is designed to fit snugly on the head, ensuring that it stays in place throughout the night. This feature is particularly important as it prevents the helmet from slipping off during sleep, which could potentially lead to injury.



**Discomfort vs Safety**



### Conclusion

In conclusion, the sleeping helmet is an essential piece of equipment for individuals who are at high risk of head injury due to medical conditions such as **epilepsy, sleepwalking, or other neurological disorders**. **It provides a safe and secure environment for these individuals to sleep in, thereby reducing the risk of injury and promoting better overall health and well-being.**

**Happier,  
Safer and  
Freer**



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